

List absolutely everything you do in a day, for 7 days

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

Check all that apply: I am amazing I am superwoman I am exhausted

M&G Style Inspiration

Please keep a running list of women you see out and about in your daily life who are dressed appropriately and stylishly for the situation

M&G Dress for your life Fall/Winter: Anna's example

What do you do?	What do you wear?	What would you ideally be wearing?	Shopping list	Ensembles to figure out
Get up on weekends and wear my pajamas while writing for a few hours	10-year-old Lands End pajamas that are ratty, too big, an old sweatshirt and socks	Nice, knit pajamas, a drapey cashmere sweater over them, and actual slippers	<ul style="list-style-type: none"> • New pajamas • Drapey cashmere sweater, • Boiled wool slippers • Fitted, not tight, pants • Easy-to-move-in, easy-to-clean dress • Fluid ankle pants • Soft cowl-neck sweater • As-of-yet-unknowing outdoor rock climbing ensemble • Fan wear for my son's sports • New plaid flannel shirt • silk long sleeve undershirt for cold morning chores 	What kind of Pajamas do I want?
Teaching	Jeans, cords, sweaters, nice tops, occasionally a dress	Same; could use new pants, a dress that is more comfortable		Where can I find a good dress for teaching?
Hosting family for holiday meals	Whatever I can pull out of my closet 10 minutes before everyone arrives	Elegant, fluid ankle pants, comfortable flats, a cozy cowl neck sweater or jewel-tones blouse		
Rock climbing indoors	Fitted t-shirts / tank tops leggings	Same		
Rock climbing outdoors	Very ratty, baggy pants, layered t-shirt, sweatshirt, jacket	I don't even know. Will observe other 40 + rock climbing women to figure out		Outdoor climbing ensemble that actually works for rock climbing and doesn't make me look like a skank
Watching my kids play every sport ever invented	Jeans, boots, tops or sweaters I wear to school	Jeans, and layers of tops that express enthusiasm for the sport and institution for which they play		Can I get a good-looking, warm sweatshirt in green? Maybe I can special order one?
Clean house/ prepare meals/ care for the goats and chickens	Jeans, plaid shirts, puffy vest	Jeans, plaid shirts, puffy vest that aren't permanently soiled		

List absolutely everything you do in a day, for 7 days: Anna's example

Friday:

Grab a chuck steak and a quart of tomatoes from the garage, get dinner going in the crock pot, text mom to remind her she's coming over to watch the kids that evening, walk to the barn, feed chickens, check on goats, drive kids to school, get bike off bike rack, ride bike to work, run around pretending to be Louis XIV all morning, trench warfare simulation in the afternoon, meet with autism specialist after school to discuss student progress, hop back on bike, get car, take son to football practice, talk to other moms about end of season celebration, take daughter to climbing team at the rock gym, meet husband at rock gym, climb for a while, shower and change, go to play at Oregon Contemporary Theater while mom picks up kids and babysits, go home, be greeted enthusiastically by mom's dog, and enjoy leftovers from crockpot meal.

Saturday:

Get up and write for an hour, go for a run, walk down to barn, feed chickens, check on goats, make pancakes for family, plan menu for week and go grocery shopping, take daughter to friend's house, run errands, son's friends come over to tramp around in mud and play with nerf guns, decided to wait to clean the house until tomorrow, work in garden with husband, make cobbler to take to neighbor's house, pick up daughter, walk up to neighbor's house for dinner, convince family members to do evening chores and bathe, read book

Sunday:

Get up and write for an hour, do yoga, walk down to barn, feed chickens, check on goats, do laundry as husband makes breakfast, go to church, hangout with other parents as kids play at the park after church, rush home, eat lunch, get to the sporting event of the afternoon, relax while watching a child play something fun, go home, start to clean house, decided this is the perfect time to organize spice rack, parents stop by with dog, cook dinner, convince family members to do evening chores and bathe, read book

Style Inspiration: Anna's example

Please keep a running list of women you see out and about in your daily life who are dressed appropriately and stylishly for the situation

1. Woman in Hudson mud boots and a rain jacket to her daughter's swim lessons
2. Super-elegant older woman at grocery store in swingy sweater, fitted pants and flats, had adorable, shiny grey bobbed hair (please let this be me at 75!)
3. Mom at SEHS soccer game in jeans, driving shoes and puffer coat in school color
4. Neighbor Danielle in perfect, soft chambray shirt and jeans while picking plums in her orchard
5. Woman at opening night of a play in black jersey dress, leggings, boots
6. Editor at Eugene Weekly in cozy, cowl-neck sweater, jeans
7. Student teacher in simple, camel-colored silk sweater, fitted pants and black blazer, driving shoes